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|  **Are you the 1 in 20 who have lost a pension?** |
| There’s an estimated £26.6billion of lost pensions in the UK. Does any of it belong to you? Sunday 27 October is National Pension Tracing Day. It’s a day where there’s an extra hour for you to track down your lost pensions. Our pension provider, Hargreaves Lansdown (HL), have put together a guide to help you.

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| [**Download the guide**](https://www.hl.co.uk/__data/assets/pdf_file/0003/20214219/nptd-factsheet.pdf) |

Most of us will have a number of jobs and address changes over a lifetime, so it’s easy to lose track. If you do find a lost pension or want ideas on what to do with your old ones, **book a 1-2-1 call with one of HL’s Financial Wellbeing Specialists.** You’ll be able to ask all your pension transfer questions so you’ve got the information you need to decide whether consolidating your pensions is the right thing for you. This email and any meetings with our pension specialists are for information only and aren’t personal advice.

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| [**Sign up for a 1-2-1 call**](https://www.supersaas.co.uk/schedule/HL/121_Consolidation_Meeting) |

**Important notes**It’s important that you check if any previous providers charge exit fees or if you’ll lose any guarantees by transferring. If you’re at all unsure, please ask about [financial advice](https://www.hl.co.uk/financial-advice). You can normally only access the money in a pension from age 55 (57 from 2028). All investments, including those in your pension, can fall as well as rise in value. This means you could get back less than you put in. **NAME****JOB TITLE** |